

Information/Registration

visit

www.fattireduathlon.com

www.active.com

The 8th Annual God's Country Off-Road Duathlon will be held on the super fun Lawrence River Trails and feature a 2 mile trail run, 12 mile mountain bike and finish with a 2 mile trail run. The course consists of flowing single track along the Kaw River. A great course that is fun for all ability levels.

Proceeds will benefit the Dan Tenaglia Foundation. www.missouriplants.com

Entry fees:

- \$35.00 Individual/\$45.00 Relay before 3/1/10
- \$40.00 Individual/\$50.00 Relay until 4/10/10
- \$45.00 Individual/\$55.00 Relay on race day

*Note: USAT annual license required. A one-day license can be purchased on-line or on race day for \$10.00.

Age Groups/Awards:

Awards will be given to the overall male and female finisher. Awards will be given three deep in each age division. Male and female 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+; Clydesdale (200+lbs).

Registration/packet pickup:

200 field limit - please register early. Online registration via Active.com. Visit www.fattireduathlon.com for link.

Packet pickup/registration Saturday 4/10/10 at Garry Gribbles, 839 Massachusetts St, Lawrence, KS 66044.

Limited race day packet pickup/registration will begin at 8:00am at race site. Please pre-register and pickup your race packets at Gary Gribbles.

Questions?

Event Director: Chris Locke

Phone: 816.468.4831

Email: chrislocke@gmail.com

8TH
ANNUAL



Date: 04/11/2010

Time: 10:00 AM

**Lawrence River Trails
Lawrence, Kansas**

"Chip timing" by Raceday Timing Solutions

Cool event t-shirts

Custom event awards

USAT Sanctioned Event

Sponsored by:



**RUNNING
GARRY GRIBBLE'S
SPORTS**



**MULTISPORT
MARKETING, LLC**

1409 NW 71st Court
Kansas City, MO 64118

Phone: 816-468-4831
multiposportmarketing@gmail.com