

GOD'S COUNTRY

Duathlon and MTB Races
April 25, 2009
Lawrence River Trails

Welcome to the 8th Annual God's Country Off-Road Duathlon and Mountain Bike races. Both events are held on one of the most popular trail systems in Lawrence and offers a course that is suited for all ability levels - Experts to First timers will enjoy equal amounts of fun challenging themselves on Lawrence River Trails.

Best Multi-Sport Athlete Challenge:

Compete in both the off-road duathlon and the mountain bike race. The fastest cumulative times from both events earn the overall title and \$100.00 cash - Male and Female awards. (Must compete two laps in MTB)

Cyclocross Bike vs. Mountain Bike Challenge:

Any rider who participate on a Cyclocross bike (700 cc tires) and wins his/her division in the mountain bike race will earn their entry fee back, plus the admiration of all their competitors.

Directions:

From Kansas City, take I-70 West to the first Lawrence exit. Go South on Massachusetts until you go under the large rail-road trestle, then turn left onto Locust St. Travel east on Locust to 8th street. Turn right on 8th street and follow until race site. Parking is available over the Levee at the trail head.

Event Website: www.fattireduathlon.com

Midwest Fat Tire Site: www.midwestfattiresseries.com

Questions?: 816.213.1620 or chrisdlocke@gmail.com



MTB Classes/Fees/Distance/Awards:

- ◆ Junior / \$15 / 1 lap / 3 Meals
 - ◆ Beginner Male / \$20 / 1 lap / 3 Medals
 - ◆ Beginner Female / \$20 / 1 lap / 3 Medals
 - ◆ Masters 40+ / \$20 / 2 laps / 3 Medals
 - ◆ Sport Male / \$20 / 2 laps / 3 Medals
 - ◆ Single Speed / \$20 / 2 laps / 3 medals
 - ◆ Sport/Expert Female / \$25 / 2 laps / Top 3*
 - ◆ Expert Male / \$25.00 / 2 laps / Top 5*
- *Cash payout 80% of entries fee

Note: Classes with less than 3 entries may be combined to form one class.

Registration opens at 11:00am

Riders Meeting at 12:45pm

MTB Race Start : 1:00 pm



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